Mother's Day: Embracing Cyber Hygiene

Celebrate this Mother's Day by gifting not just the flowers but the timeless promise of cybersecurity

Presented by FNF Global Innovation Hub

**Update, update:**
Make sure your software and apps are up to date. Delete unused apps and software that could be exploited to access your device.

**Stronger Together:**
Protect your accounts with passphrases – long and memorable (like apricot-stingray-antarctica). Use a password manager like Bitwarden or ProtonPass for extra security. And don't forget to add an extra layer with multi-factor authentication.

**Shield Your Online Travels:**
Whether you're at a coffee shop or the train station, use a trusted VPN like ProtonVPN to keep your internet activities private and secure.

**Take Control of Your Privacy:**
Decide which apps can access your phone's features like location and camera. It's your space, so set the boundaries that feel right for you.

**Navigate the Web Safely:**
Choose browsers like Firefox that prioritize your privacy. Add-ons like Privacy Badger act as your online bodyguard, keeping trackers at bay.

**Lock Away Your Digital Treasures:**
Embrace end-to-end encryption with services like Signal for messaging, ProtonMail for emails, and Standard Notes for jotting down thoughts. Your data deserves the utmost protections.

**Spot the Tricks:**
Be vigilant against phishing attempts. Always verify the sender's address before clicking on any links or sharing sensitive information.