

Do you miss travelling? We're bringing the world to you.

Join Freedom Journey ASIA Virtual Run!

Run safely outdoors, or in the comfort of your home. Complete 5 kilometers at your own pace, and post your photo to get a chance for EUR 100!

What is a virtual run?

A virtual run is a race event that can be completed at your convenience. Run the required distance at any point during the given time window at a location of your choice. There's no official starting line! You can run on the treadmill or on your neighborhood street.

Your race record is maintained by a fitness app. The details are shared with the race organizer who will monitor your progress, and send your virtual run completion kit!

How is Freedom Journey ASIA Virtual Run unique?

Unlike other virtual races, we're not requiring a joining fee – and you'll even get a chance to receive EUR 100! We only need your commitment to engage with the Freedom Journey ASIA community.

Our virtual run finishers will get an e-certificate and virtual postcards, especially designed with freedom landmarks. These will be reminders of our continuous journey towards achieving a healthy democracy.

Who can join?

The Freedom Journey ASIA Virtual Run is exclusive for FNF alumni group members in Southeast & East Asia. If you've been to any of our seminars, workshops, or information programs in Europe, you should get an invitation to join from our FNF country offices. To be eligible to receive EUR 100, you should also be member of [The Parasol Project](#) Facebook Group.



Why should I join?

You should join to connect with your fellow alumni! You can do this through a fun online activity that would also help you stay fit and healthy. You will get an e-certificate and a virtual postcard after completing the race, and by posting a photo, you might get a chance to receive EUR 100!

How can I join?

Complete the registration form that your local FNF Office will send you, and download the Strava fitness app. It's free! Search for the [Freedom Journey ASIA Club](#) on the app. Click Request to Join, and we'll admit you. We also prepared a comprehensive step-by-step guide for you. Download [here](#).

Registration period is from October 21 to November 11, 2021.

When and where do I run?

Exercise your freedom! The required distance of 5 kilometers should be completed in seven days or one week, from November 14-20 2021. Finish the race anywhere – outdoor or indoor, and anytime within this period.

How would the organizers know that I've completed the distance?

The Strava app will record your progress. The organizers, as the administrator of the Freedom Journey ASIA Club on Strava, will have access to the members' activities. We will know when you've finished race, and then we will email you your e-certificate and virtual postcard.

What would I get by participating?

By joining, you will meet new friends, and together, stay healthy! The ten most awesome photos will be selected and will be part of FNF's future freedom journey in Southeast and East Asia. The selected photographers will receive 100 EUR each for their amazing works.

If you're a competitive runner, aim to be in the Strava leaderboard, and be qualified to be part of Freedom Journey Asia's top 5 runners of the year. The top 5 runners will receive 100 EUR each for their splendid record.

Learn more [here](#).

